Virginia Health Services



Independent Retirement Living Community

A **The Arbors at Port Warwick**
1100 William Styron Square South
Newport News, VA 23606
757.595.7767

Assisted Living Communities

B **The Huntington at The Newport**
11143 Warwick Boulevard
Newport News, VA 23601
757.223.0888

C **The Hamilton at York Convalescent & Rehabilitation Center**
113 Battle Road
Yorktown, VA 23692
757.898.1491

Convalescent and Rehabilitation Facilities

D **Coliseum Convalescent & Rehabilitation Center**
305 Marcella Road
Hampton, VA 23666
757.827.8953

E **James River Convalescent & Rehabilitation Center**
540 Aberthaw Avenue
Newport News, VA 23601
757.595.2273

F **Lancashire Convalescent & Rehabilitation Center**
287 School Street
Kilmarnock, VA 22482
804.435.1684

G **Northampton Convalescent & Rehabilitation Center**
1028 Topping Lane
Hampton, VA 23666
757.826.4922

H **The Newport**
11141 Warwick Boulevard
Newport News, VA 23601
757.595.3733

I **Walter Reed Convalescent & Rehabilitation Center**
7602 Meredith Drive
Gloucester, VA 23061
804.693.6503

J **York Convalescent & Rehabilitation Center**
113 Battle Road
Yorktown, VA 23692
757.898.1491

Rehabilitation

K **Virginia Health Rehabilitation Agency**
1101 William Styron Square South
Newport News, VA 23606
757.594.0330

Home Health Care

L **Virginia Health Home Care**
1104 William Styron Square South
Newport News, VA 23606
757.534.9222

Hospice Care

M **Virginia Health Hospice**
1105 William Styron Square South
Newport News, VA 23606
757.223.1396

Medical Equipment and Supplies

A **Virginia Health Medical Sales**
1100 William Styron Square South
Newport News, VA 23606
757.599.7457

Pharmaceutical Services

Virginia Pharmaceutical Services
Newport News, VA
757.223.0236

www.vahs.com
757.596.6268

Virginia Health Services

















In the care of people you know.

INDEPENDENT RETIREMENT COMMUNITY

LEAVE THE HASSLES OF HOME OWNERSHIP BEHIND – live in the Peninsula's most elegant residence for active seniors, **The Arbors at Port Warwick.** Enjoy a studio, one-, or two-bedroom apartment featuring all the comforts of home and all the luxuries of a resort.





THE AMENITIES YOU WANT – THE SERVICES YOU DESERVE

- *Beautiful, full-service dining room and a casual café*
- *Private dining room and catering services for special events*
- *Housekeeping and linen service*
- *Scheduled private transportation and complimentary valet parking*
- *Library, billiard room, activities studios, and a fitness suite with a variety of programs*
- *Personal health oversight programs*
- *Concierge services*

The Arbors lets you relax in style and convenience. Our residents maintain an active lifestyle while enjoying a comfortable and secure home. And our unique location in Port Warwick offers independent seniors access to concerts, shopping, and dining.

The Arbors at Port Warwick
1100 William Styron Square South / Newport News, VA 23606
757.595.7767 / www.**thearborsatportwarwick**.com
91 independent living studio, one- and two-bedroom apartments

ASSISTED LIVING COMMUNITIES

THE HUNTINGTON AT THE NEWPORT AND THE HAMILTON AT YORK CONVALESCENT

The Huntington at The Newport and **The Hamilton at York Convalescent** offer the unique combination of a thriving community where seniors can enjoy the comforts of home, along with top-level care from dedicated professionals. Our residents receive the privacy of their own individual apartment, assistance with daily living activities, and the support of a family of friendly, caring neighbors and staff.

THE HUNTINGTON AT THE NEWPORT

Amenities to Surpass Your Needs

Our luxurious offerings include:

- *32 luxury apartments*
- *Breakfast, lunch, and dinner deliciously prepared by our culinary team*
- *Private dining room available for special events with family and friends*
- *Media center, activity room, library, and wellness center*
- *On-site beauty shop*
- *Sun room and outdoor courtyard overlooking The Mariners' Museum and Park*
- *24-hour on-site licensed nursing staff*
- *Priority short-term rehabilitation care at any VHS facility*
- *Peace-of-mind access to VHS' **continuum of care,** from short- to long-term needs*





The Huntington at The Newport | Luxury Assisted Living

11143 Warwick Boulevard / Newport News, VA 23601

757.223.0888 / www.**thehuntingtonatthenewport**.com

32 luxury junior and standard one-bedroom apartments

ASSISTED LIVING COMMUNITIES

THE HAMILTON AT YORK CONVALESCENT

Soon after opening the highly successful Huntington assisted living community, Virginia Health Services determined that there was a significant need for a luxury assisted living community in York County. Consequently, **The Hamilton at York Convalescent** became a reality.

At **The Hamilton at York Convalescent,** we understand that to share your life with loved ones, you may need an extra bedroom. And that's just one reason why here, life is all about you. Whether you spend your days socializing with friends, reading a book, or taking a class in our unique wellness center, we're dedicated to assisting you in living life to the fullest.

Our luxurious offerings include:

- *40 spacious, luxury apartments*
- *24-hour on-site licensed nursing staff*
- *Breakfast, lunch, and dinner deliciously prepared by our culinary team*
- *Beautiful full-service dining room and private dining areas*
- *Wellness and activity areas with a variety of programs*
- *Priority short-term rehabilitative care at any VHS facility*
- *Peace-of-mind access to VHS' **continuum of care,** from short- to long-term needs*
- *2-Bedroom, 1-Bedroom and Studio apartments*







The Hamilton at York Convalescent and Rehabilitation Center | Luxury Assisted Living
113 Battle Road / Yorktown, Virginia 23692
757.898.1491 / www.**thehamiltonatyork**.com
40 luxury apartments

CONVALESCENT AND REHABILITATION CARE







Continuing to grow with the needs of our community, the VHS family offers seven convalescent and rehabilitation facilities near you in:

- *Newport News*
- *Hampton*
- *Yorktown*
- *Gloucester*
- *Kilmarnock*

Each offers a complete range of skilled nursing and aggressive rehabilitation services, which are often covered by Medicare. If going home isn't an option, long-term convalescent care is also available. We customize the care and services for each resident so they have an optimal environment for recovery and comfort.

PROPER CARE ISN'T A LUXURY – IT'S A NECESSITY

Our services and amenities include:

- *Professional 24-hour RN, LPN, and CNAs*
- *Physical, occupational, and speech therapy on-site, provided by Virginia Health Rehab*
- *Social workers and recreational professionals to help our residents enjoy life to the fullest*
- *Nutritionally balanced menus designed by our clinical dietician team*
- *Furnished private and semi-private accommodations where residents can add their own personal touches from home*
- *Family gathering areas for visiting and staying connected*
- *Landscaped grounds and courtyards*
- *Respite care available*

WE TAKE GREAT PRIDE IN THE FACT THAT VIRGINIA HEALTH SERVICES, INC. IS LOCALLY OWNED AND OPERATED.

We believe that this enables us to respond directly to the needs of our own community.
You and your loved ones are people we know, and that makes a difference.
We deliver the type of care that we would want for our own family members.

CONVALESCENT AND REHABILITATION CARE FACILITIES

NEWPORT NEWS

James River Convalescent & Rehabilitation Center

540 Aberthaw Avenue, Newport News, VA 23601
757.595.2273
Located in the Hilton Village area of Newport News

- *Nationally recognized and accredited by The Joint Commission since 1966*
- *American Health Care Association, National Quality Award - Bronze Level Winner*
- *Offers all private accommodations for skilled care programs*

The Newport

11141 Warwick Boulevard, Newport News, VA 23601
757.595.3733
Located in midtown Newport News, adjacent to The Mariners' Museum

- *Ranked as one of the Best Nursing Homes by US News and World Report*
- *Expanded rehabilitation wing with luxurious private rooms, private gathering and dining areas and a state-of-the-art rehabilitation area*

HAMPTON

Coliseum Convalescent & Rehabilitation Center

305 Marcella Road, Hampton, VA 23666
757.827.8953
Located in the heart of Coliseum Central in Hampton

- *Remodeled and expanded rehabilitation area*
- *Private rooms*
- *American Health Care Association, National Quality Award - Bronze Level Winner*

Northampton Convalescent & Rehabilitation Center

1028 Topping Lane, Hampton, VA 23666
757.826.4922
Located in the Northampton neighborhood in Hampton

- *Recently added a rehabilitation wing with luxurious private rooms, private gathering and dining areas and a state-of-the-art rehabilitation area*
- *Ranked as one of the Best Nursing Homes by US News and World Report*

YORKTOWN

York Convalescent & Rehabilitation Center

113 Battle Road, Yorktown, VA 23692
757.898.1491
Located in the Historic Triangle in Yorktown

- *American Health Care Association, National Quality Award - Bronze Level Winner*
- *Remodeled rehabilitation wing with luxurious private rooms, private gathering and dining areas and a state-of-the-art rehabilitation area*

GLOUCESTER COUNTY

Walter Reed Convalescent & Rehabilitation Center

7602 Meredith Drive, Gloucester, VA 23061
804.693.6503
Located in the historic Courthouse area of Gloucester

- *American Health Care Association, National Quality Award - Bronze Level Winner*
- *The rehabilitation wing offers private and semi-private accommodations, private gathering and dining areas and an expansive rehabilitation area*
- *Offers a 23-bed Memory Care Unit for those residents in need of specialized care*

NORTHERN NECK

Lancashire Convalescent & Rehabilitation Center

287 School Street, Kilmarnock, VA 22482
804.435.1684
Located in quaint, downtown Kilmarnock, the heart of Virginia's beautiful Northern Neck

- *The rehabilitation wing offers private and semi-private accommodations, private gathering and dining areas and an expansive rehabilitation area*
- *Premier nursing care in Kilmarnock and the Northern Neck*

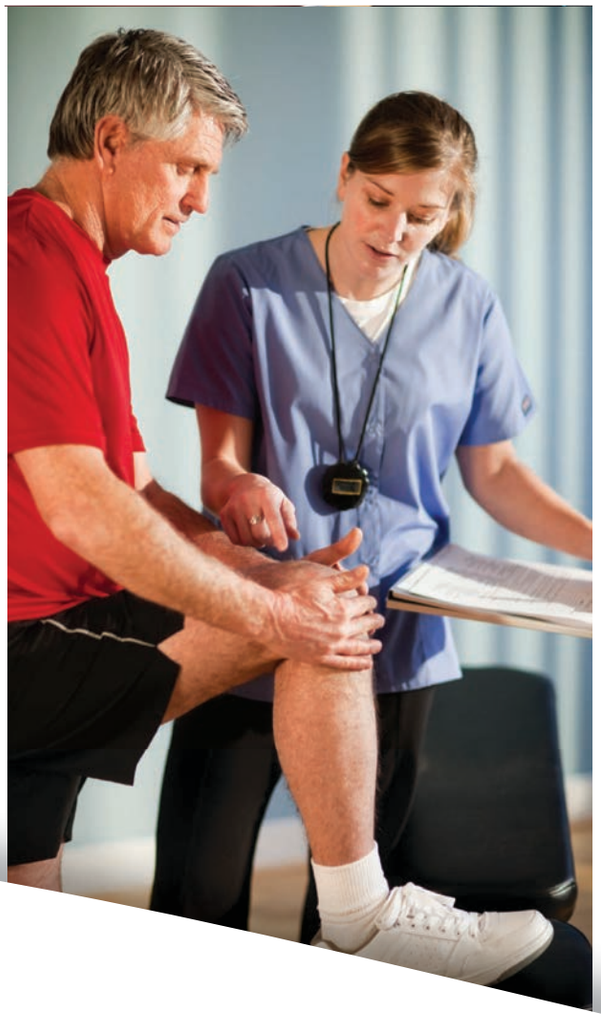
Convalescent and Rehabilitation Care
757.596.6268 / **www.vahs.com/convalescent-rehabilitation-care**

VIRGINIA HEALTH REHABILITATION

VIRGINIA HEALTH REHAB PROVIDES ON-SITE, COMPREHENSIVE REHABILITATION SERVICES at each of our VHS residential facilities. Our staff works as a cohesive team to enhance the quality of life for our patients by reshaping lost abilities and teaching new skills.

VHR also offers high-quality and cost-effective physical, occupational, and speech therapy services at our outpatient facility conveniently located in Port Warwick in Newport News. Our professional staff is trained to use the most advanced treatment techniques and state-of-the-art equipment.





TO PROVIDE THE BEST, YOU NEED THE BEST

Our expert staff includes:

- *Licensed Physical Therapists*
- *Licensed Physical Therapist Assistants*
- *Licensed Speech/Language Pathologists*
- *Licensed/Registered Occupational Therapists*
- *Certified Occupational Therapist Assistants*

Our collective focus on customer service, patient care, and clinical excellence for all our patients helps us achieve our end goals of rebuilding hope, confidence, and self-respect and returning our patients to their highest levels of function.

Virginia Health Rehab Agency
1101 William Styron Square South
Newport News, VA 23606
757.594.0330 / www.**virginiahealthrehab**.com

VIRGINIA HEALTH HOME CARE

VIRGINIA HEALTH HOME CARE OFFERS THE HIGHEST QUALITY OF SKILLED CARE IN THE COMFORT AND PRIVACY OF YOUR OWN HOME.

Our team of qualified health care professionals works in tandem with an exceptional support system to assist you or your loved one with recovery from an illness, accident, surgery, or a change in medical condition. Our services are typically covered by Medicare, Medicaid and commercial insurance providers, with little or no out-of-pocket expenses. Eligibility is verified by VHHC staff.

OUR WIDE ARRAY OF SERVICES ARE PROVIDED BY:

- *Nurses*
- *Physical therapists*
- *Occupational therapists*
- *Speech therapists*
- *Medical social workers*
- *Certified nursing assistants*

Whether you're discharged from a hospital, skilled nursing facility, or doctor's office, we work with your physician to ensure coordination of all home care services.

OUR SERVICES INCLUDE:

- *Skilled nursing*
- *Certified home health aides*
- *Registered dietician*
- *Wound/Ostomy care*
- *Pain management*
- *Stroke rehabilitation*
- *Medication management*
- *Post-operative care*
- *Nurse on call 24 hours a day, 7 days a week*

Virginia Health Home Care
1104 William Styron Square South
Newport News, VA 23606
757.534.9222 / www.**virginiahealthhomecare**.com

VIRGINIA HEALTH MEDICAL SALES

VIRGINIA HEALTH MEDICAL SALES OFFERS A WIDE RANGE OF HOME HEALTH CARE EQUIPMENT AND SUPPLIES to make the transition back to living at home as comfortable as possible. Our specialists work directly with discharge planners, physicians, therapists and care providers to develop personalized home care solutions.

Virginia Health Medical Sales
1100 William Styron Square South
Newport News, VA 23606 / 757.599.7457



VIRGINIA PHARMACEUTICAL SERVICES

VIRGINIA PHARMACEUTICAL SERVICES PROVIDES THE FULL ARRAY OF COMPREHENSIVE PHARMACY SERVICES to meet each patient's unique needs. VPS also supports various types of health care environments, including assisted living communities, convalescent and rehabilitation facilities.

Virginia Pharmaceutical Services
Newport News, VA 23606
757.223.0236

VIRGINIA HEALTH HOSPICE

Virginia Health Hospice features an experienced, highly-trained staff that offers a better quality of life for our patients, wherever they call home, surrounded by the people, pets and things they love. Each Comfort Care plan is custom-designed to provide pain management, compassion, and dignity for our patients, as well as support and grief counseling for our families.

VHH is a support system to the communities we serve and the residents who need our services. Our expertise and loving support are offered while still respecting the beliefs, choices, and wishes of those patients and families we serve.







WHERE YOU NEED CARE THE MOST – AT HOME

Our in-home services include:

- *Licensed nurses*
- *Certified nursing assistants*
- *Medical social worker*
- *Clergy and counselors*
- *Trained volunteers*
- *Physical, occupational, and speech therapy*
- *Registered dietician*
- *Nurse on call 24 hours a day, 7 days a week*
- *Covered by Medicare, Medicaid and most commercial insurers*

Virginia Health Hospice
1105 William Styron Square South
Newport News, VA 23606
757.223.1396 / www.**virginiahealthhospice**.com

Building on the Foundation of Quality

LOCALLY OWNED AND OPERATED AND HAVING FAITHFULLY SERVED our community for more than 50 years, Virginia Health Services has consistently provided a continuum of care that blends seamlessly from one stage of need to the next.

For All Your Life's Needs

Our services include:

- *Independent Retirement Living: The Arbors*
- *Assisted Living: The Huntington at The Newport and The Hamilton at York Convalescent*
- *Skilled Nursing Care and Rehabilitation: At all of our seven conveniently located facilities*
- *Home Health*
- *Health Care Equipment Delivery To Your Home: Virginia Health Medical Sales*
- *Comprehensive Physical, Occupational, and Speech Therapy at all of our residential facilities and state-of-the-art Outpatient Services at Port Warwick in Newport News: Virginia Health Rehabilitation*
- *Hospice Care*

With health care solutions your family needs and the personal touch you expect for a loved one, we're proud to say you are "in the care of people you know."



Virginia Health Services Corporate Headquarters